



Why Warrior 101?

Research and data have shown that the 9th-grade year of high school is the most important grade level, as it sets the foundation for whether or not a student will be successful for the remainder of their high school career. If a student has a successful 9th-grade year, it encourages confidence that strengthens their belief that they can succeed in a high school setting. Studies have shown that whether or not a student graduates from high school is largely influenced by their freshman year. If a student falls behind their 9th-grade year, they find themselves off-track to graduate on time. On a national level, freshmen fail more courses and have more discipline referrals and unexcused absences than any other high school grade. High school is an adjustment from previous grades, and many freshmen need support to make a smooth transition.

For these and other reasons, LFO High School has developed Warrior 101. Warrior 101 is an organization for freshmen that will set our 9th graders up for success by providing both academic and personal support. It is critical that students establish positive school habits during their first year of high school. Instead of waiting for 9th-grade students to fall behind before offering support, LFO will be proactive and provide every freshman the help they need starting the first week of school.

By maximizing our bell schedule with FLEX Lunch, every freshman will be paired with freshmen peers as well as a teacher mentor in a classroom setting. These freshmen will participate in a teacher-led study hall on Mondays, Wednesdays, and Fridays to ensure that they do not fall behind in their school work. Students who are more than two years behind in reading and/or math will be placed in very small groups with intense academic remediation. The goal is to prevent all students from falling behind academically and help them to perform at or above grade-level standards.

On Tuesdays and Thursdays, the teacher will lead class discussions and activities regarding study skills, work habits, establishing healthy peer relationships, and emotional health topics that are essential to success in high school. After Warrior 101, all freshmen will be dismissed to the cafeteria to socialize, play ball, and eat lunch as a class. Students who want to attend an additional club meeting at the same time are always allowed to do so. The more clubs that students participate in, the better!

LFO's staff is extremely excited about the possibilities that Warrior 101 will provide to our freshmen. We believe this club will assist your child in making a smooth transition to high school and allow them to achieve success throughout their high school experience. Please feel free to contact the school if you have any questions. Feathers up!